

## IN THE CLAIMS

1. (previously presented) In a method stimulating a human body in a warm or hot air booth with a cold medium, the improvements characterized by:

circulating the warm or hot air in the booth from a ceiling side of the booth; and

introducing the cold medium into the booth at the ceiling side of the booth.

2. (currently amended) A method according to claim 1, characterized by periodically interrupting the ~~by~~-circulating.

3. (previously presented) A method according to claim 1, characterized in that the introducing is in the region of the circulating .

4. (previously presented) A method according to claim 3, characterized in that the circulating comprises rotating a rotor (R) covered by an ejector disk (5) for the introducing of the cold medium in the form of at least one of snow, ice flakes, or granular ice cubes outwardly therefrom.

5. (previously presented) A method according to claim 4, characterized by shielding the ejector disk (5) with a segment ring (9).

6. (previously presented) A method according to claim 3 further comprising heating the booth on a bottom side.
7. (previously presented) A method according to claim 6, wherein the heating comprises projecting a pipe (26) from a furnace (23) into the booth.
8. (previously presented) A method according to claim 6, characterized by guiding fresh air into the booth through at least one second pipe (27).
9. (previously presented) A method according to claim 4 further comprising heating the booth on a bottom side.
10. (previously presented) A method according to claim 5 further comprising heating the booth on a bottom side.
11. (previously presented) A method according to claim 9, wherein the heating comprises projecting a pipe (26) from a furnace (23) into the booth.
12. (previously presented) A method according to claim 10, wherein the heating comprises projecting a pipe (26) from a furnace (23) into the booth.
13. (previously presented) A method according to claim 9, characterized by guiding fresh air into the booth through at least one second pipe (27).

14. (previously presented) A method according to claim 10, characterized by guiding fresh air into the booth through at least one second pipe (27).
15. (previously presented) A method according to claim 11, characterized by guiding fresh air into the booth through at least one second pipe (27).
16. (previously presented) A method according to claim 12, characterized by guiding fresh air into the booth through at least one second pipe (27).
17. (previously presented) A method according to claim 1, wherein the introducing fluctuates a thermal course for the human body in the booth at intervals.
18. (previously presented) A method according to claim 1, wherein the circulating is turned on for intensive thermal stimulus of the human body in the booth and, after an interval, turned off so that temperature will return to a normal.
19. (cancelled)
20. (previously presented) A method according to claim 17, wherein the circulating is turned on for intensive thermal stimulus of the human body in the booth and, during the intervals, turned off so that temperature will return to a normal.

21. (new) A method for operating a booth in which warm or hot air is circulated at a ceiling, wherein said warm or hot air is pressed downwards from said ceiling at intervals by the action of a fan, said pressing downwards of said heat being effected at time intervals, wherein, at the end of said intervals, stimuli are caused on the skin of the person being treated by introducing a cold medium.